Learn Self-Development, Work Culture & Leadership From the Wisdom of Saint Ramdas

**BACKGROUND & OBJECTIVE** of this Practical & Result-Oriented Workshop :-

As you may already be aware that ‘DASBODH’ is the famous book in MARATHI written by Saint Samarth Ramdas more than 350 years back. The book is a great composition of spiritual and behavioural visionary thoughts and wisdom and full of enlightening and strong messages regarding “Working Hard and Working Smart” and for Leadership & Self-Development. Since Samarth Ramdas was not only the Saint but was the Great Leader and Organizer of his time who created his organization of 1100 Muths / Centres which were spread over not only in Maharashtra but in many other parts of India. In this process, he created a gigantic work-force of lakhs of volunteers for his social and spiritual objectives in a very systematic and organized way using spiritual and management principles and also created leadership of thousands of able leaders through training and motivation.

Therefore, in ‘DASBODH’, the great vision of Samarth Ramdas is seen very clearly regarding self-development, leadership qualities and attitudes for positive work-culture and self-learning.

The objective of this workshop is to initiate mindset change for Positive Work Culture, Ideal Employeeship and Leadership. Also, it creates attitudinal change for positive work culture & self-development for better personal and working life and opens new avenues for further development and growth.

*It’s a sort of very systematic and strong SWOT ANALYSIS at personal and organizational level which initiate positive changes in personal and work-life.*

In this Workshop, a detailed psychological process is carried out very effectively with the help of Dasbodh teachings, and actual exercises for self-inistrospection and Analysis are given. Actual experience/feedback of participants in more than 450 programmes reveals that the participants analyse very effectively, their strengths and weaknesses and their individual personality, habits, nature, working habits, managerial effectiveness, knowledge, teamwork/team-building, and their behavioural habits/traits at work-place and in their personal/family life. Further, they voluntarily commit themselves, very strongly for changing their negative habits/behaviour / traits and voluntarily prepare an Action Plan for the same. They also commit for inculcating positive and good habits in personal life and work-life and also commit for better team-work / team-building and for continuous learning and improvement in their personality. One of the study of the feedback of this programme carried over after three months of the programme, shows that many of the participants were able to actually transform themselves by leaving bad habits and inculcating many good habits at work place and in their individual life. Several feedbacks of these programmes showing actual mind-set change and positive results are available.

**CONTENTS**

1) Introspection & SWOT Analysis /Self Analysis For Mindset Change – *(Changing Negative Habits/attitudes at work-place and in personal life)*:
   Finding out our own qualities and deficiencies / areas of improvement’ based on Murkh Lakshane / Padhat Murkh Lakshane’ etc. (Supported by Lessons, Interaction and Exercises on Introspection)

2) Working Hard & Working Smart’ - Taking commitments for good habits and changing wrong habits for better work-culture, higher productivity and...
quality, time-management, team-work/team-building and continuous new learnings.

3) Team Work – Strengthening co-operation at work place / in family / Society.

4) Managerial Effectiveness/Leadership Qualities, Building Teams, New Leaders

5) Inter-Personal skills/Relationships: Improving relationships at work-place/families etc.

6) Stress Management through DASBODH teachings/meditation.

DAY / DATE: From 9.00 AM to 5.00 PM - Dates to be finalized with mutual consent

METHODOLOGY: Presentation on Computer/Power Point, Practical Exercises on each topic. Interactive sessions with practical day-to-day examples of work-place, family.

MEDIUM: Marathi (Interaction and exercises can be in English/Hindi also)

Faculty Fees & other Charges: To be discussed individually.

FACULTY: Mr. Shrinivas Rairikar, Senior Director, MCCIA

Mr. Shrinivas Rairikar is a Master in Commerce and Personnel Management with Law Degree. He is also the Lead Auditor for ISO 9001. He is the recipient of two international scholarships from Japan to study Labour Management and HRD concepts under which he was trained in Japan in 1989 & 1994. He has travelled to Russia, European Countries, Pakistan, Japan, Singapore & Tunisia on study tours. He has been working in Mahrratta Chamber of Commerce, Industries and Agriculture for last 26 years on various senior positions and presently working as Senior Director, Incharge of HR, Quality and ISO 9001 activities. He is the visiting faculty for several Management Institutes for last 14 years for MBA, MPM, MMS & DBM. He has authored MCCIA’s two important publications viz. Wage Scales & Service Conditions of Industries in Pune’ & ‘Voluntary Retirement Schemes from India’. He is an expert in paintings, singing, poetry and Meditation. In the field of spirituality from 1972 onwards, and has an practical experience of thousands of hours of Meditational practices.

Mr. Rairikar has done a deep study on the topics of workshops for the last few years and has delivered more than 500 programmes on the same at several places for workers, executives, Managers and general public. He has addressed Pune Management Association, IIEE, Institute of Engineers, banks, management institutes, engineering colleges, schools, several Rotary Clubs and reputed public forums from students to judges.

He has conducted successfully about 400 full day workshops for many large, small and medium scale industrial units/businesses and institutions which includes eminent companies like Tata Motors, Cummins India, Century Enka, Garware Wall Ropes, Tata Yazaki, Finolex Industries etc. He has conducted full day / half day workshops for workers / staff / executives at Cummins India Ltd., GKN Sinter Metals Ltd., Thermax Ltd; Manugraph India Ltd; Lawkim Ltd; CTR, Indo-schottle; ZF Steering; Poonawalla Group of Companies; Force Motors Ltd; KOEL, Newage Electricals, Crompton Greaves, Mahindra Ugine, Fresenis Kabi, Cararo India, Invensys etc and several open workshops on behalf of the MCCIA.

He addressed on ‘Leadership & Dasbodh’ at the very prestigious forum of ‘Vasant Vyakhyanmala – Pune’ and also on television (Sahyadri Channel). By this time, he has addressed thousands of workers and Executives on ‘Dasbodh and Leadership’ and ‘Work Culture & Self Development Through DASBODH.’ Conducted 101st Programme on 10th October 2005 and conducted 401st programme on ‘Change Mgt Through Dasbodh’ on 13th April 08 on behalf of MCCIA. Delivered lecture on ‘Management Thoughts from Dasbodh’ on All India Radio, Pune on 11th October 2005 & Jan 08. Received ‘DASBODH AWARD’ in 2005 and in 2007 the prestigious ‘Ramdas Swami Puraskar’.

We fully believe in Swami Vivekanand who said in 1894 – “Western Efficiency and Dynamism combined with Indian Spiritual Values will create BEST MANAGEMENT SYSTEM IN THE WORLD”

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